## Angulimala Paritta

This powerful Declaration of Truth was taught by our Supreme Buddha to Arahant Aṅgulimāla to bless a pregnant mother who was in extreme pain, unable to deliver her baby.



Parittaṁ yaṁ bhaṇantassa – nisinnaṭṭhāna dhovanaṁ Udaka'mpi vināseti – sabbameva parissayaṁ Sotthinā gabbha vuṭṭhānaṁ – yañ ca sādheti taṁ khaṇe Therassaṅgulimālassa – lokanāthena bhāsitaṁ

Kappațțhāyim mahātejam – parittam tam bhaṇāmahe

Even the water that is used to wash the seat which Arahant Angulimāla sat on and recited this paritta, that water can end all sufferings. If a pregnant mother suffers from any pain, she will be well and be strong enough to stand instantly. Now we shall recite that very powerful paritta taught by the Buddha, to Arahant Angulimāla which will hold its power for an aeon.



Yato'haṁ bhagini, ariyāya jātiya jāto nā'bhijānāmi saṁcicca pāṇaṁ jīvitā voropetā, tena saccena sotthi te hotu, sotthi gabbhassā'ti.

"Sister, from the day I was born in the Noble Birth which leads to supreme Nibbāna, from that day on I am not aware of myself killing any living beings deliberately. By this truth may you be well! May the delivery of your child be peaceful!"

## Etena saccena suvathi hotu!

By this truth, may there be well-being!

