## Aṅgulimāla Paritta Protective Chant of Arahant Aṅgulimala

Parittam yam bhanantassa – nisinnaṭṭhāna dhovanam Udaka'mpi vināseti – sabbameva parissayam Sotthinā gabbha vuṭṭhānam – yañ ca sādheti tam khane Therassangulimālassa – lokanāthena bhāsitam Kappaṭṭhāyim mahātejam – parittam tam bhanāmahe

Even the water that is used to wash ◆ the seat which Arahant Aṅgulimāla sat on ◆ and recited this paritta, ◆ that water can end all sufferings. If a pregnant mother suffers from any pain, ◆ she will be well and be strong enough ◆ to stand instantly. Now we shall recite that very powerful paritta ◆ taught by the Buddha, ◆ to Arahant Aṅgulimāla ◆ which will hold its power for an aeon.

Yato'ham bhagini, ariyāya jātiya jāto nā'bhijānāmi samcicca pāṇam jīvitā voropetā, tena saccena sotthi te hotu, sotthi gabbhassā'ti.

"Sister, from the day I was born ♦ in the Noble Birth ♦ which leads to supreme Nibbāna, ♦ from that day on ♦ I am not aware of myself ♦ killing any living beings deliberately. By this truth ♦ may you be well! ♦ May the delivery of your child ♦ be peaceful!"

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