

“Monks, speech that has five factors is well spoken, not badly spoken; it is blameless and beyond reproach by the wise. What five?”

1. It is spoken at the proper time.
2. What is said is true.
3. It is spoken gently.
4. What is said is beneficial.
5. It is spoken with a mind of loving-kindness.

Possessing these five factors, speech is well spoken, not badly spoken; it is blameless and beyond reproach by the wise.”

*The Supreme Buddha*  
*AN 5:198*