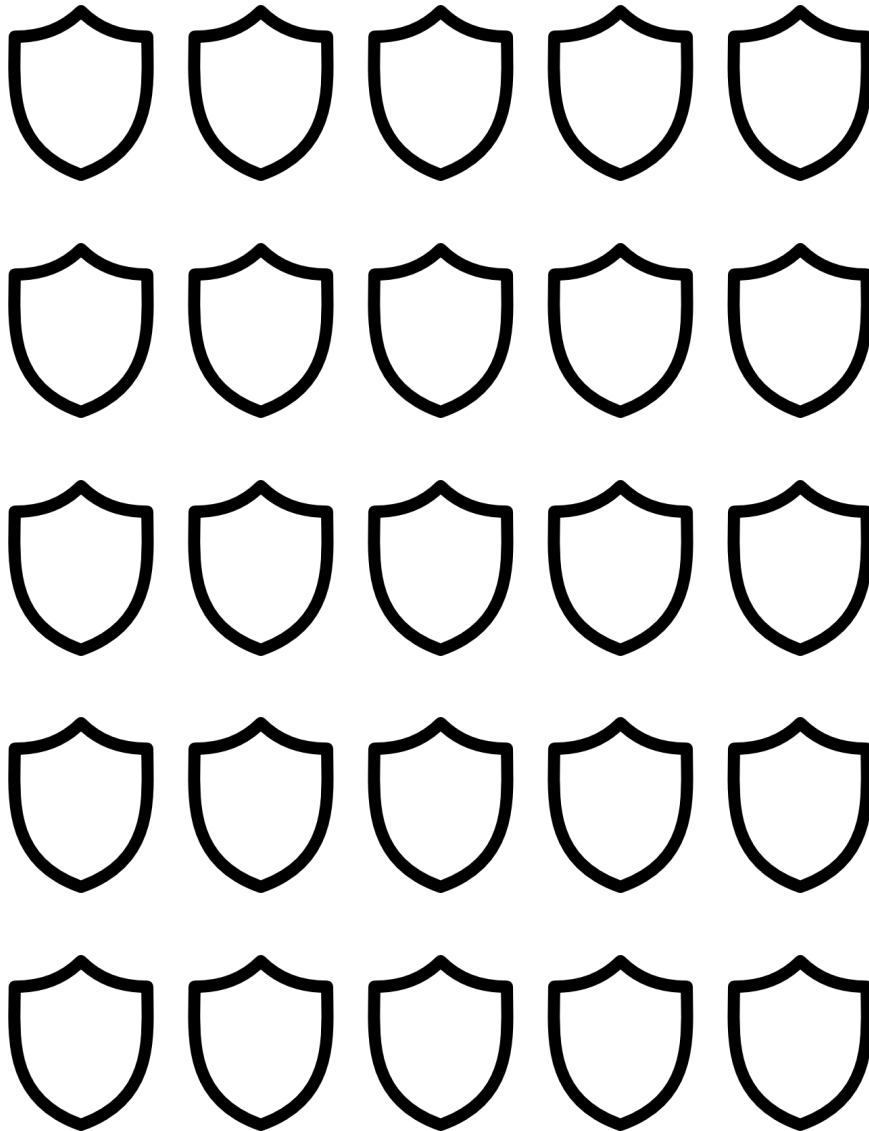


5 Precepts

Take the 5 precepts at least once each day. Check one shield each day you do.



Your Name _____

Date Started _____ Date Completed _____